Preliminary activities
- Meet with UW BRIM Team during visit for workshops given to divisions randomized to Group 1: 1 hour
- Attend one workshop given by the UW BRIM Team: 3 hours
- Online prep time for first synchronous session consisting of: 30 mins
  - Make sure online technology will work/open-house, familiarizing Local BRIM Implementers with Canvas/Blackboard, reading 1-page document on logistics of scheduling their workshops

Total workshop attendance and UW BRIM Team meeting = approx. 4.5 hours (more if they want to attend more than one workshop)

Training curriculum to become a workshop presenter: Online and practice sessions
- Online: Introductory session: 30 mins
- On own: Preparation and practice for three online sessions: approx. 3 hours each = 9 hours
- Online: Participation in three online sessions: 90 mins each = 4.5 hours
- On own: Practice/pilot delivering the workshop: 3-hour workshop - plus feedback and discussion between Local BRIM Implementers = 6 hours

Total practice and participation in online sessions = approx. 20 hours

Delivering the workshop
- 3 hours for each workshop multiplied by number of workshops (e.g., 5 workshops) = 15 hours (more if additional workshops)

Please note:
- Online sessions will be approx. 4 weeks apart. The practice and preparation for the workshop (20 hours) will occur over a three- to four-month period.
- Since only two or three implementers are needed to give a workshop, when more than three people train to be Implementers, they may decide to divide the number of divisions needing a workshop among them; in that case the hours for preparation and participation in online sessions will be the same per person, but the number of hours spent presenting workshops would be less per person.
- The expectation is that Local BRIM Implementers will practice on their own and in groups, so that the online time would be spent answering questions, reviewing any issues, discussing rationale and goal for specific content, and delivering sections of the workshop to get feedback.
- This timing estimate assumes that Local BRIM Leads, division administrators, and assistants will work with Local BRIM Implementers to schedule workshops.
- This timing presumes that Local BRIM Implementers have support people to help set up for and clean up after workshop presentations.
- The UW BRIM Team will send boxes of compiled folders containing workshop materials for participants at each workshop.